



**HEALTH &
WELLNESS CENTRE
AT GLEN APLIN**

0488 002 512
healthwellnessglenaplin@gmail.com
311 Stables Road, Glen Aplin QLD 4381

One hour of Deluxe Sauna & Spa

\$90 pp

Advanced Booking required

SPA

Valley View hydrotherapy muscle relaxing, warming relaxing



SAUNA

Infra-red & detoxification



60 mins

Customers required shower prior to entering spa & provide personal towel and toiletries.

Note: Towels supplied for extra \$10 charge pp



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