



**HEALTH &  
WELLNESS CENTRE  
AT GLEN APLIN**

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311 Stables Road, Glen Aplin QLD 4381

## Ultraformer II 7D Polylift Therapy

**Complete FACE LIFT WITHOUT SUGERY**



Fees \$1250 per treatment (as at January 2024 prices subject to change)

**Is this right for me?** The Ultraformer II - 7 D Polylift delivers multiple “shots “ of high frequency ultrasound energy into the deep layers of skin as a nonsurgical face-lift without down time, invasive techniques or anaesthetic. Mostly designed for use on facial anatomy, this can be used over the whole body. Extraordinary clinical effects are achieved as skin firms and facial contours change resulting in visibly smoother and brighter skin. (each session delivers 2000 shots depending on individual requirements)

### **Things to consider before you choose a HIFU treatment.**

Qualified & Experienced Practitioner, Approved Technology, Consultation & Assessment, Realistic Expectations, Treatment Areas, Pre-treatment and Post-Treatment Care, Cost & Financing.

**Who delivers this treatment?** Jennifer Harris is an experienced registered nurse specialising in skin aesthetics, who will guide you through suitability for this treatment. At the Health and Wellness Centre, we consider your face is a marvellous organic creation which is designed to work harmoniously as one unit. A full facial includes neck, forehead, eyebrow, inferior palpebra (under eye area), cheek and chin is recommended. This is a holistic and complete healthcare approach to the “HIFU non-surgical face lift” procedure to ensure best results. Spa outlets which deliver partial facial area treatments and reduced shot delivery procedures, extend treatments and fail to produce optimal results.

**What does HIFU feel like?** The feeling experienced by the person receiving the treatment, is a momentary stinging twinge or heat sensation. Skin temperature levels during a HIFU treatment rise to between 65-70 degrees. Generally, it is well tolerated. Heat insulating gel is applied to the skin treatment areas prior to treating and is easily removed after the procedure. Using less energy and lower heat settings to reduce any discomfort, will reduce the clinical result and vary the outcomes. In other words, there is no gain to be made without momentary pain.



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**Is this procedure safe?** High Frequency Ultrasound skin tightening is generally considered a safe and effective procedure with few risks or side effects. However, as with any medical procedure, there is a small risk of complications such as swelling, bruising or skin irritation. These side effects are usually temporary and resolve on their own within a few days.

**How do I know if this treatment is appropriate for me?** A comprehensive health assessment is necessary to inform the aesthetician of your personal health or allergies. A treatment plan for your specific skin care needs will be made for you at the clinic. You are advised to avoid skincare creams containing retinoids and sun exposure (either artificial tanning or sunlight tanning) 30 days prior to the procedure.

**The Ultraformer II - 7 D Poly lift** uses High Frequency Ultrasound (7 D HIFU) and Micro and Macro Focused Ultrasound (MMFU). There are several clinical trials have found HIFU and MMFU a very effective method for facial lifting and refining wrinkles. People see immediate results and further improvements a few months after treatment.

At the Health & Wellness Centre Glen Aplin, we perform a 60-90 minute session which delivers 2000 + shots depending on individual requirements. A second treatment should not be necessary as results last from 1.5 to 2 years. Depending on your genetic makeup and general health plus the efficacy and dedication to a prescriptive daily skincare regime, a repeat treatment would be only be advised according to your personal preference and skin health requirements.

### The Do's for HIFU:

- Consultation is key & choose a reputable clinic for HIFU & follow pre-treatment instructions & stay hydrated.
- Avoid excessive sun exposure & protect your skin from the sun.
- Don't expect immediate miracles & say no to Exfoliants & harsh products.

### Some of the most common disadvantages of HIFU treatment include:

- An uncomfortable feeling during treatment tolerable by most people.
- Temporary swelling and redness which eases over 24-48 hours.
- Less effective than invasive treatments such as a facelift or liposuction which involve anaesthetic and surgery risks.
- HIFU treatment disadvantages: no permanent results especially if you do not continue with a facial health regime.

### Further reading:

-Utilizing the patented technology of HIFU and MMFU the **Ultraformer II - 7 D Poly lift**, generates high-energy focused ultrasound, which quickly penetrates the epidermis, fat layer, and stimulates the membrane contraction of the SMAS layer to instantly make the skin tissue reach a high temperature of 65°C, thereby generating a thermal coagulation effect on the skin and muscles. SMAS = musculoponeurotic system which is an organised fibrous network of platysma muscle, parotid fascia and fibromuscular layer over the cheek and collectively enables facial movement.

-The membrane layer forms a net-like condensation point, which when treated with HIFI and MMFU stimulus, causes shrinkage and firmness of fibre and collagen tissue, regeneration and repair, and achieves layer-by-layer lifting and firmness.



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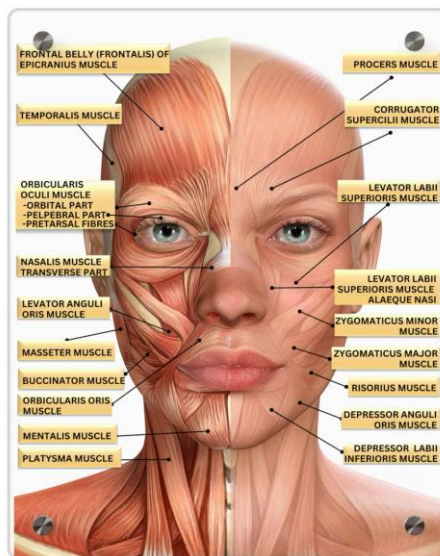
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- L7-1.5mm (7MHz 1.5mm). Targeting the superficial dermis, stimulates and reorganizes collagen, eliminates wrinkles; the superficial dermis can regenerate, smooth pores and whiten the skin. L7-2.0mm (7MHz 2.0mm) is effective against pregnancy lines, eye bags, forehead lines, wrinkles around the eyes and other wrinkles immediately slowing down skin aging, and smoothing signs of aging.

-L7-3.0mm (7MHz 3.0mm). Targeting the deep dermis, it induces and stimulates the proliferation of collagen in the deep layer, which starts to become elastic from the bottom of the muscle.

-L4-4.5mm (4MHz 4.5mm) uses dot matrix technology to focus 1.5 joules of energy into the SMAS layer; effectively stimulating collagen proliferation, and skin rejuvenation grows from within.



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