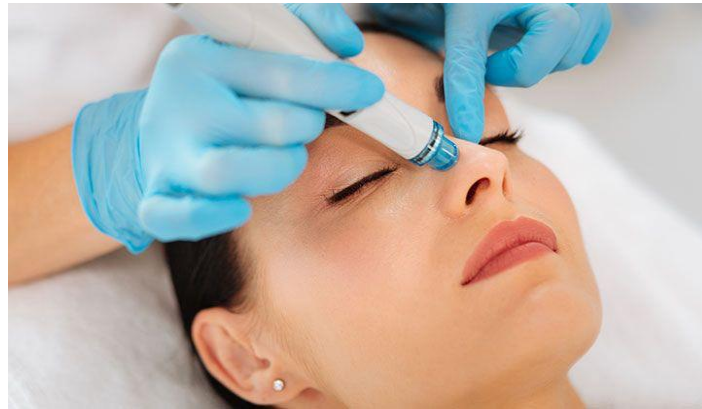


## Health & Wellness Centre Glen Aplin now offers

### Hydrafacial Fee from \$90



Everyone wants smooth, bright, and youthful-looking skin.

**How Does a Hydrafacial Work Exactly?** This is an instrument which gently moves over your skin, removing the thicker, uneven outer layer. The aesthetician moves different treatment tips gently over your skin for each stage of the facial. Using an exfoliating tip paired with suction to remove dead skin cells from the surface of your face. After skin is exfoliated, serums are infused into the skin. There is no pain nor any downtime — a common word for recovery time in dermatology — and the entire treatment can be done in as little as 60 minutes.

**Cleanse and Peel.** This is the resurfacing step, when skin is exfoliated. “Exfoliation is the process of removing dead skin cells from the outer layer of the skin. It has long been known to have beneficial skin effects, including leaving the skin looking brighter, unclogging pores, increasing collagen production. This generates a fluid vortex over the skin that gently dislodges impurities and dead skin cells.

**Extract and Hydrate.** The tip gets waste matter out of pores and delivers topical moisturizers simultaneously.

**Infuse and Protect.** Your treatment will finish with natural “boosters,” or serums. These are geared toward your skin goal, which may include reducing the appearance of pigmentation or fine lines and wrinkles, dull skin, or enlarged pores. The treatment is entirely customizable through these “boost” serums.